

A microscopic view of numerous cells, each with a bright blue nucleus, set against a darker blue background. The cells are scattered across the frame, with some in sharp focus and others blurred in the background.

CLINIQUE
LA PRAIRIE

SWITZERLAND

STEM CELLS AND BEAUTY

REJUVENATION
AESTHETIC PROGRAMS

DISCOVER THE POWER
OF YOUR OWN PRECIOUS
STEM CELLS WITH OUR
EXCLUSIVE STEM CELL
PROGRAMS

HOW STEM CELLS ARE REVOLUTIONIZING AESTHETICS

Clinique La Prairie has been a pioneer in regenerative medicine and in slowing down the aging process for 90 years. This journey has taken us from a brilliant idea by Dr. Niehans to a recent advanced area in aesthetics: innovative beauty stem cell techniques for aesthetics.

It is now possible to beautify, restore and protect the skin using adipose stem cells derived from your own fat. Research shows that these stem cells have the power to repair and rejuvenate all tissues while renewing themselves at the cellular level.

Protect and preserve your beauty today thanks to the reinjection of your own stem cells

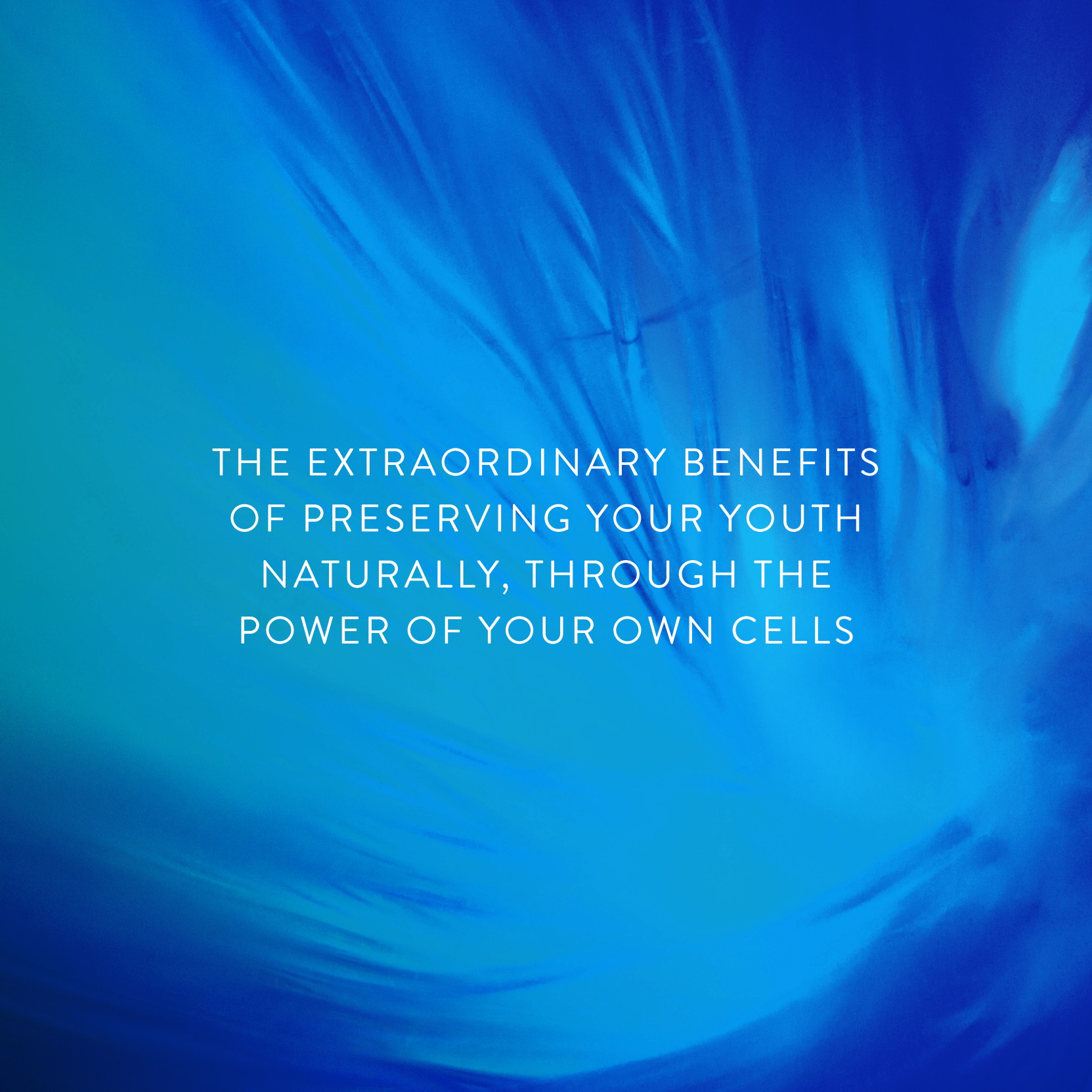
Clinique La Prairie offers two exclusive and medically-endorsed programs based on these advanced rejuvenation protocols.

The **SKIN CELL BOOST** program improves the trophicity of the face skin (elasticity, hydration, firmness and vascularization) and protects it in a scientifically proven way, thanks to the power of nanotechnology.

You feel an instantaneous renewal of the face skin.

The 4-day **BEAUTY STEM CELL** program includes the storage of your harvested stem cells for up to 30 years under high security Swiss standards. This allows us to renew anti-aging procedures on the skin, but also opens up perspectives for the future, as research is advancing.

The two are sophisticated skin rejuvenation protocols combined with a wellness stay at Clinique La Prairie, that truly complements the clinic's health programs for the body.



THE EXTRAORDINARY BENEFITS
OF PRESERVING YOUR YOUTH
NATURALLY, THROUGH THE
POWER OF YOUR OWN CELLS

HOW ARE THESE REGENERATIVE METHODS PERFORMED?

The first step is a consultation with the aesthetic surgeon (with over 20 years of expertise), completed with a check-up and blood tests.

The second phase is the intervention in the Clinique La Prairie operating rooms, during which the aesthetic surgeon proceeds with the removal of your own fat cells, usually in the belly area.

Our two procedures after the extraction of stem cells:

BEAUTY STEM CELL PROCEDURE

The harvesting of your own adipose-derived stem cells is processed by Swiss laboratories, partner of Clinique La Prairie, to extract them for the first reinjection as well as for storage for up to 30 years. The reinjection intervention is scheduled the day after. Your extraction of stem cells is injected into the face's sub-dermal tissue.

SKIN CELL BOOST PROCEDURE

The extraction of your own cells is processed by the aesthetic surgeon with a specific technique. Your harvested cells are immediately reinjected into targeted areas of the facial lines.

Your cells begin to replace declining cells, they eventually make the production of collagen and elastin fibers possible. Your face is renewed in the healthiest and most natural way.

AN EFFECTIVE REJUVENATION EFFECT

Stem cell techniques are a revolution in aesthetic surgery as they can be carried out during short stays that offer natural and visible results. While proving very effective, they are less invasive than other aesthetic surgeries, with perfect control of the after-effects of the intervention.

THE BENEFITS OF THESE INNOVATIVE AESTHETIC STEM CELL PROTOCOLS

These methods effectively reduce the visible signs of aging, replenish deep tissue and return youthful elasticity to the skin, thanks to:

MITIGATION OF NEGATIVE AGING EFFECTS

NATURAL SELF-REGENERATION OF THE TREATED AREA,
ENSURING NATURAL LONG-TERM EFFECTS

STIMULATION OF COLLAGEN PRODUCTION

DEEP MOISTURIZING

STIMULATION OF CELLULAR VITALITY

SKIN RADIANCE AND REJUVENATION

REDUCTION OF THE LOSS OF ELASTICITY

TAILOR-MADE SOLUTIONS BY LEADING EXPERTS

Every step is adapted to your wishes, anatomy and body's possibilities.

HOLISTIC BEAUTY THAT POSITIVELY PROMOTES YOUR WELLBEING, BOTH PHYSICALLY AND EMOTIONALLY

Taking care of your health means taking care of your body and mind. Along with medical insights, nutrition, anti-stress practices and work-out, modern technologies such as stem cells and beautification protocols can become a key to strengthening self-awareness.

BEAUTY STEM CELL PROGRAM

TURN BACK THE CLOCK BY A DECADE OR
MORE WITH THIS TRAILBLAZING REJUVENATION
TREATMENT

STEM CELL REGENERATIVE PROTOCOL & BANKING

Medically endorsed, our state-of-the-art rejuvenation treatment restores youthful beauty and offers the potential for banking your own stem cells for up to 30 years under high security Swiss standards. Research shows that during adult life, younger cells preserve higher regenerative ability, compared to the same stem cells obtained at a more advanced age. Clinique La Prairie collaborates with Swiss laboratories that comply with the strictest medical rules and practices.

Your program includes: 4 days and 3 nights

- Two medical consultations with a cosmetic surgeon before and after the treatment
- Consultation with our anesthetist and an electrocardiogram
- Advanced blood test, including specific laboratory analysis
- Advanced technology skin analysis
- Surgical intervention: extraction of adipose tissue under anesthesia, purification and treatment of stem cells by a specialized external laboratory
- Medical intervention (the following day): reinjection of your own stem cells (face)
- Storage of your collected stem cells for up to 30 years
- High-end hospitality, refined, healthy menus from our restaurant, and unlimited access to the wellness and fitness center
- 3 nights in a private room

PRICE: starting from 43'000 CHF
including full board (non alcoholic beverages)

FOR A DEEPER EVALUATION OF YOUR HEALTH, OPT FOR THE ADD ON “ADVANCED MEDICAL CHECK-UP” ADD-ON INCLUDES:

A complete medical check-up: cardio screening, hepatitis screening, auto-immune disease investigation, genetic test, abdominal ultrasound, heart echography, cardiac stress test and consultation with our cardiologist.

REJUVENATION OF YOUR SKIN WITH A HOLISTIC APPROACH, OPT FOR THE ADD-ON “NUTRITION & WELLNESS” ADD-ON INCLUDES:

Rejuvenating skin nutrition dietetic workshop Relaxing massage Lymphatic drainage.

SKIN CELL BOOST PROGRAM

EXCLUSIVE CELLULAR STIMULATION WITH AN
INNOVATIVE TECHNIQUE OF AESTHETIC SURGERY

HOW IT IS DIFFERENT FROM THE BEAUTY STEM CELL PROGRAM:

A single intervention: the surgeon treats your fat tissue fraction with a sophisticated filtration process directly after it has been extracted and re-injects the harvested cells immediately. The whole procedure is carried out in one session in the operating room rather than in several stages.

No cell banking: it is not possible to store your cells and have them injected years later.


An instant sparkle: the process stimulates immediately collagen production and hydration of skin, reduced loss of elasticity and preserves the youthfulness of your skin.

Your program includes:

- ↪ Two medical consultations with a cosmetic surgeon before and after the treatment
- ↪ Consultation with our anesthetist
- ↪ Advanced blood test, including specific laboratory analysis
- ↪ Advanced technology skin analysis
- ↪ Surgical intervention: extraction and re-injection of your own cells (face)
- ↪ High-end hospitality, refined, healthy menus from our restaurant, and unlimited access to the wellness and fitness center
- ↪ 1 night in a private room at our medical center

PRICE: starting from 19,000 CHF
Including full board (non alcoholic beverages)

If discussed with the aesthetic surgeon, it can be possible to do the procedure in one day.



EXPERIENCE THE ULTIMATE
HOLISTIC CELL TREATMENT
WITH CLINIQUE LA PRAIRIE'S
EXCLUSIVE REVITALISATION
AND STEM CELL PROGRAMS.

OUR RENOWNED EXPERTISE IN CELLULAR THERAPY
AND CUTTING-EDGE SCIENTIFIC ADVANCES COME
TOGETHER TO OFFER YOU A TRULY UNPARALLELED
REJUVENATING EXPERIENCE.

Embrace the power of our Revitalisation or Revitalisation Premium programs, carefully crafted to invigorate your body and mind, seamlessly integrated with the revolutionary potential of our Stem Cell program.

Regeneration week to activate your immune system and regain a more youthful appearance, naturally.

REVITALISATION & BEAUTY STEM CELL PROGRAM

7 days, 6 nights from Sunday to Saturday

PRICE: Starting from 69,100 CHF
Including full board (non alcoholic beverages)

Your program includes:

LONGEVITY & IMMUNITY MEDICAL TECHNOLOGIES AND CONSULTATIONS, LED BY YOUR GENETIC INSIGHTS

- Longevity consultations
- Medical assessments and week-long follow-up by your leading physician
- Advanced medical check-up: laboratory analyses, chest x-ray, abdominal ultrasound, electrocardiogram, dental panoramic
- Nutri-longevity DNA test and report, exclusively created for our program by GenePredictis Labs
- Dental check-up
- Body composition test
- Vitamin/essential therapy (injection) based on lab results
- Immuno therapeutic supplement

BEAUTY STEM CELL MEDICAL INTERVENTION

- Two medical consultations with an aesthetic surgeon before and after the Beauty Stem Cell treatment
- One high-tech skin analysis
- One consultation with the anesthetist
- Surgical intervention: extraction of adipose tissue under anesthesia, purification and treatment of stem cells by a specialized external laboratory
- Medical intervention (the next day): reinjection of your own stem cells (face)
- Banking of your harvested stem cells for up to 30 years

EXCLUSIVE REVITALISATION FORMULA: CLP EXTRACT

Signature Revitalisation rejuvenating formula, given in conjunction with bio-stimulants. The product of 90 years of research in longevity, our CLP Extract is a powerful formula created to help regenerate the organism and fight the effects of aging. Since 1931, those in search of a profound change in their wellbeing have been coming to Clinique La Prairie to reap the benefits of this exclusive cellular formula combined with the unique medical, wellness, nutrition and lifestyle plans of the Revitalisation program.

CUTTING-EDGE SCIENCE TO COMPLETE THE REGENERATION AND ANTI-INFLAMMATORY APPROACH

- Pioneering CLP Cellular Genomic Revitalisation FFS1-5 Activator: one-month treatment of 5 activator supplements developed to enhance the program's effects on body, brain, sleep and microbiota
- One session of Revitalizing antioxidant injection
- Daily booster of HP-Cellular Active

NUTRITION: ASSESSMENT - REBALANCE - HEALING

- Dietician coaching: two "Unlocking Longevity" consultations to develop a personalized nutritional plan based on medical results and lifestyle
- Guidance from a dietician at every meal to help make the right food choices
- Daily CLP Swiss herbal infusions featuring stimulating properties for the immune system
- Healthy CLP menus, full board

ENERGIZING AND REJUVENATING WELLNESS FOR BODY AND MIND

- Two sessions of high-tech light cellular therapy to regenerate cells and improve quality of skin
- One session of neuro-wave stimulation
- One Revitalizing signature massage
- One anti-aging facial treatment by Swiss Perfection
- One post-op facial treatment after Beauty Stem Cell treatment

MOVEMENT

- One fitness assessment with your personal coach
- One personal training session

REVITALISATION PREMIUM & BEAUTY STEM CELL PROGRAM

7 days, 6 nights from Sunday to Saturday

PRICE: Starting from 87,100 CHF
Including full board (non alcoholic beverages)

Your program includes:

ADVANCED LONGEVITY MEDICAL TECHNOLOGIES, DIAGNOSIS, CONSULTATIONS AND PERSONALIZED TREATMENTS

- Longevity consultations
- Medical assessments and week-long follow-up by your leading physician
- Advanced medical check-up: laboratory analyses, an abdominal ultrasound, a CT Scan with calcium score, a dental panoramic, MRI precerebral and cerebral
- One cardiovascular assessment: a stress test, an electrocardiogram, a cardiovascular risk score and a consultation with the cardiologist
- One sleep quality test and consultation with the pulmonologist
- Better Aging DNA test and report, exclusively created for our program by GenePredictis Labs
- Epigenetic test and assessment
- DNA Microbiota assessment
- One Calorimetry
- Dental check-up
- Vitamin/essential therapy injection based on lab results
- Three sessions of Revitalizing antioxidant injections
- Immuno therapeutic supplement

BEAUTY STEM CELL MEDICAL INTERVENTION

- Two medical consultations with an aesthetic surgeon before and after the Beauty Stem Cell treatment
- One high-tech skin analysis
- One consultation with the anesthetist
- Surgical intervention: extraction of adipose tissue under anesthesia, purification and treatment of stem cells by a specialized external laboratory
- Medical intervention (the next day): reinjection of your own stem cells (face)
- Banking of your harvested stem cells for up to 30 years

EXCLUSIVE REVITALISATION FORMULA: CLP EXTRACT

Signature Revitalisation rejuvenating formula, given in conjunction with bio-stimulants. The product of 90 years of research in longevity, our CLP Extract is a powerful formula created to help regenerate the organism and fight the effects of aging.

CUTTING-EDGE SCIENCE TO COMPLETE THE REGENERATION AND ANTI-INFLAMMATORY APPROACH

- CLP Cellular Genomic Revitalisation FFS1-5 Activator: one-month cure of 5 activator supplements developed to enhance the program's effects on body, brain, sleep and microbiota
- Daily HP-Cellular Active
- CLP probiotics and booster cures

NUTRITION: ASSESSMENT - REBALANCE - HEALING

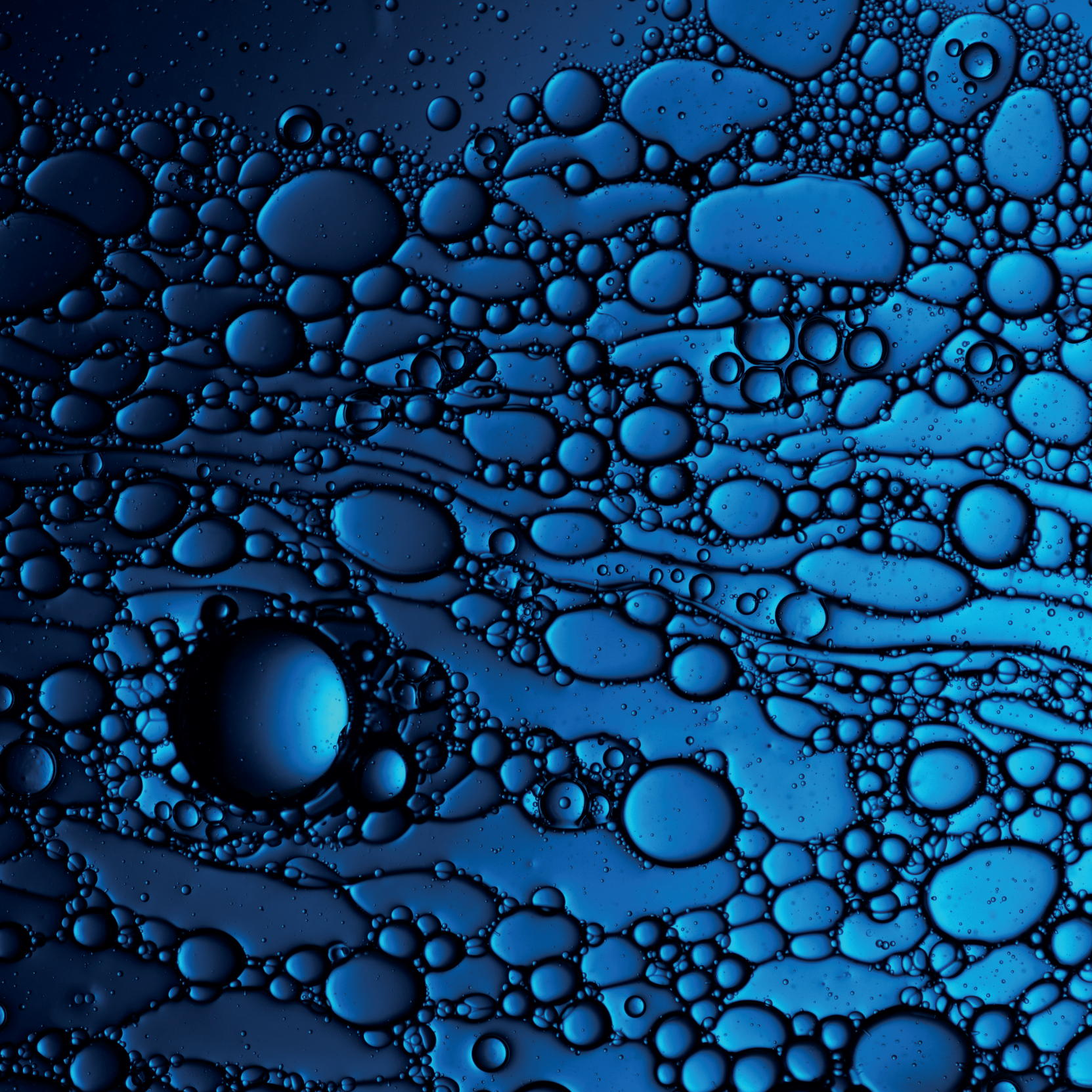
- One consultation to develop a personalized nutritional plan based on medical results and lifestyle
- Private "Unlocking Longevity" nutrition workshop
- Guidance from a dietician at every meal to help make the right food choices
- Daily CLP Swiss herbal infusions featuring stimulating properties for the immune system
- Healthy CLP menus, full board

ENERGIZING AND REJUVENATING WELLNESS FOR BODY AND MIND

- One session of neuro-wave stimulation
- One Revitalizing signature massage
- One anti-aging facial treatment by Swiss Perfection
- Relaxation session: mix of different techniques: hypnosis, cardiac coherence and sophrology
- One post-op facial treatment after Beauty Stem Cell treatment

MOVEMENT

- A personal fitness assessment
- A training session based on your assessment
- Outdoor activity with a coach



Q&A

WHAT IS THE RECOMMENDED AGE TO UNDERGO STEM CELL PROGRAMS ?

It is recommended to start regenerating your skin from 40 years old but no limit age for banking cells, as soon as possible.

WHEN WILL THE EFFECTS OF THE TREATMENT BE VISIBLE ?

Beauty Stem Cell: between 3 to 6 months after the procedure. Also depending on the basic quality of the skin and cells of each individual. **Skin Cell Boost:** immediate effects.

HOW LONG DOES THE TREATMENT TAKE AND HOW OFTEN MUST THE PROCESS BE REPEATED ?

It is recommended to carry out the treatment every 2 years.

ARE THERE ANY CONTRAINDICATIONS ?

Usually, the treatment is carried out under general anesthetic. See contraindications related to aesthetic surgery.

IS THE PROCEDURE PAINFUL ?

Microinjections are painless and without risk of rejection since the injected stem cells are autologous.

IS IT POSSIBLE TO LEAVE THE CLINIC IMMEDIATELY AFTER THE PROCEDURE ?

Medical supervision is required and a wrap up with the aesthetic surgeon.

IS IT POSSIBLE TO HAVE AESTHETIC MEDICINE OR SPA TREATMENTS BEFORE AND/OR AFTER THE INJECTIONS?

Treatments can be done before the procedure, however, after the injections, no facial treatment for the end of the stay, especially in relation to heat such as laser, sauna, steam room etc cannot be done without aesthetic surgeon's approval.

UNLOCK THE SECRET
OF LIVING



cliniquelaprairie.com

Rue du Lac 142 | 1815 Clarens-Montreux | Switzerland | +41 21 989 33 71 | aesthetic.surgery@laprairie.ch